



More about me – NAME OF CHILD

My experiences at home during lock-down

Note to parents and carers

As we look forward to welcoming your child/ren back to our setting, it would be helpful to know what you have been doing at home during lockdown. The information that you share with us will help us to re-settle your child and make sure that we can meet their needs.

If your child is due to start school this year, we will also share this form with their school.

Please complete the following giving as much information as you feel able to share:

What has your daily routine been like and what outdoor activities have you been doing during your daily exercise?
Have you made use of any on-line resources with your child during lock-down? If so, which did you find particularly useful?
Has your child mastered a new skill since we last saw them?
Has your child had the opportunity to socialise with family and friends i.e. by telephone, social media?
Has your child discovered a new favourite book or toy?
Has your child had any specific questions or concerns about coronavirus? How have you responded?
Has your child talked about missing pre-school/staff ?
What has your child particularly enjoyed doing at home with you?

Does your child have a new sibling or a new family pet?
Have you talked to your child about coming back to nursery?
Have you and your family discovered a new hobby that you intend to continue after lock-down?
What was your child's response to being told they will be coming back to us?
Do you have any concerns about how your child will settle back in with us?
Is there anything you would like us to do to help settle your child back in?
Have you found anything particularly challenging during the lock-down ?
Is there any other information you feel we should know i.e. have you suffered a loss or bereavement due to coronavirus?
What impact do you think lock-down has had on your child? (positive and/or negative)
If your child normally receives support from another service i.e. speech and language, portage or other, have you had contact with them during lock-down
Is there anything at all you would like to discuss further with me/your child's key person/ the deputy manager (delete as appropriate) before your child returns?